



# HONORING OUR COMMITMENT TO HOOSIER SENIORS

Office of Governor Mitch Daniels

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## Rx For Indiana Provides Assistance to Medicare Recipients

Through the Governor's "Simple, Honest, Help" program, in conjunction with Rx For Indiana, Medicare Part D recipients may be eligible to receive additional assistance with their prescription medications.

"We want to offer simple and honest help to seniors to take full advantage of the new Medicare program," said Governor Daniels.

Medicare Part D became effective January first of this year.

For more information:

(877) 793-0765

[www.RxforIndiana.org](http://www.RxforIndiana.org)

## INShape Indiana Helps Hoosiers of All Ages

Annabelle Hartman says "to maintain your good health, regular exercise is one of the most valuable things I could recommend—along with healthy eating and no smoking." Annabelle should know about a healthy lifestyle. At age 90 she continues to be active in her community and is currently taking part in INShape Indiana, Governor Daniels' fitness program.

INShape Indiana helps Hoosiers of all ages find resources to help them maintain a healthy lifestyle. The program offers information on healthy eating habits as well as safe places to exercise. The program helps keep track of your progress and offers advice and discounts for members. To log on, go to [www.in.gov/inshape/](http://www.in.gov/inshape/)

## OPTIONS PROGRAM PROVIDES INDEPENDENCE FOR HOOSIER SENIORS

Indiana's Family and Social Services Administration (FSSA) Division of Aging recently launched the OPTIONS program state-wide.

The OPTIONS program allows Indiana's seniors and their families to choose from a wider range of care services covered by Medicaid, such as Adult Foster Care, Adult Day Services, and Assisted Living.

**Adult Foster Care** is a residential service in which individuals reside in a home with an unrelated primary caregiver and family. Residents live in a home-like environment and receive home-cooked meals as well as assistance with medication and daily activities.

**Adult Day Services** provide non-residential care such as health, social, recreational, and therapeutic activities, allowing participants to continue living in their community.

**Assisted Living** is a residential service in which participants receive care in an independent setting pro-



Governor Mitch Daniels announces the Rx For Indiana program that has helped thousands of Hoosiers lose weight and quit smoking.

vided by a licensed Residential Care Provider. The apartment-like setting allows residents to continue living independently while giving families the piece of mind in knowing their loved ones are receiving proper care and attention.

For more information on the OPTIONS program and any other services that may be provided by FSSA, please visit:

[LTCOPTIONS.in.gov](http://LTCOPTIONS.in.gov)

Or

[www.ai.org/fssa/](http://www.ai.org/fssa/)

### Important Contact Numbers

Area Agency on Aging:

1-800-986-3505

[www.ai.org/fssa/elderly/](http://www.ai.org/fssa/elderly/)

Medicare Hotline:

1-800-633-4227

TTY: 1-800-486-2048

[www.medicare.gov](http://www.medicare.gov)

State Health Insurance Information Program (SHIIP):

317-233-3475

[www.in.gov/idoi/shiip](http://www.in.gov/idoi/shiip)

## Rx for Indiana Exceeds Initial Outreach Goal

After one full year, Governor Daniels' health assistance program, Rx for Indiana, has matched more than 150,000 Hoosiers with programs providing prescription drug assistance.

Rx for Indiana provides a one-stop shop for patients, health care providers, and caregivers to obtain information

about more than 2,500 medications available free or at a significantly reduced price through more than 475 programs offered by pharmaceutical manufacturers, the government, and other organizations.

In April 2005 the National Partnership for Prescription Assistance program was launched across the country.

As one of the state programs, Rx for Indiana can now assist callers in more than 150 different languages.

"This has been a great year, but we will continue to reach out to the thousands of Hoosiers who can and will benefit from this program..." said Daniels.